

Services

- Pre-bookable Appointments (up to 4 weeks in advance) & Triage Appointments with the GP for same day and emergency appointments
- One stop Youth Clinics, Women's Clinics & Family Planning (Coil /Implants) Sexual Health
- Joint injections, Osteopathy Clinics
- Child Health & Vaccination Clinics (Wednesday 13:30 at Harbourside and Tuesday 11.30 at St David's)
- Asthma, Lung Diseases & Heart Failure Clinics, Diabetes Clinics, Heart Disease & Blood Pressure
- Travel Advice & Vaccinations with Nurses
- Antenatal Clinics Mondays at St David's Medical Centre

New Patients

If you live in the following areas of Swansea you are welcome to apply to register at the surgery:

Jersey Marine (Including University Bay Campus), SA1, Marina, Docklands, St Thomas, Port Tennant, Grenfell Town, Plasmarl, Copper Quarter, Bonymaen, Winchwen, Llamsamlet & Birchgrove.

Either complete the on-line registration form on the practice website or email:

harbourside.healthcentre@wales.nhs.uk

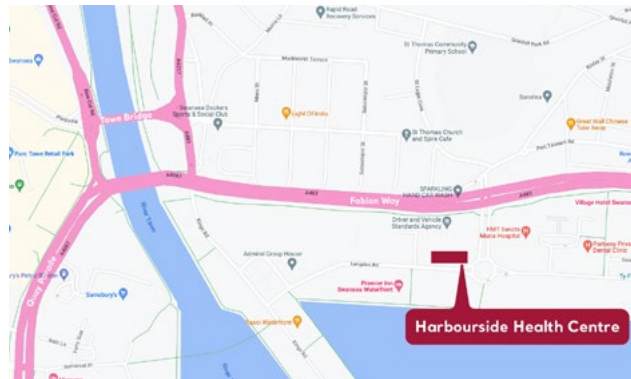
Where we can arrange to provide you with the relevant forms to complete.

Please visit our website to update your details if they change especially a contact phone number.

Directions

Harbourside Health Centre is in the new SA1 Development by the Waterfront & Docklands area.

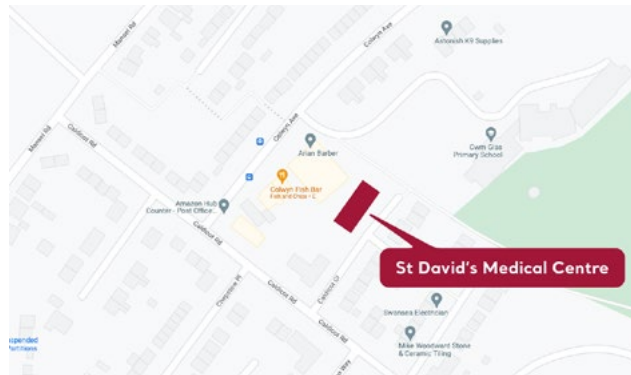
Just off Fabian's Way, is signposted the SA1 Development. Turn right at the roundabout, and right again into Pudsley Road, where there is a sign indicating onsite parking (limited for 2 hours). There is also a payable parking site opposite the surgery.



St David's Medical Centre

is in Caldicot Close, Winch Wen, on left turn before Cefn Hengoed School.

There is free onsite parking.



HARBOURSIDE HEALTH CENTRE

(Main Surgery)

Beacon Centre for Health, Langdon Road, Swansea Waterfront, Swansea, SA1 8QY

01792 481456

Reception & Phones OPEN
From 8am TO 6:30pm (MON TO FRI)

Easy Appointment booking via
ASK MY GP on

www.harbourside.wales.nhs.uk



ST DAVID'S MEDICAL CENTRE

(Branch Surgery)

Caldicot Close, Winch Wen, SA1 7HT

01792 702700

Reception & Phones OPEN
From 8am TO 6pm MON, WED & FRI

(Branch site is CLOSED between 12:30-1:30 for lunch,
at 5:30pm on Tuesday & 12:30pm on Thursday)

OUT OF HOURS ACCESS
Please Ring 111

Clinicians

Dr Sapan Samaiya – GP Partner & Caldicot Guardian

Dr Pramod Mummigatti – GP Partner

Dr Liz Bernard (Female) – GP

Dr Hannah Thomas (Female) – GP

Dr Hannah Flower (Female) – GP

Sujianthi Nadarajah – Physician Associate

Lynn Holmes – Diabetic Nurse

Christina Jones – Practice Nurse

Shaney Hill – Health Care Assistant

Sharon Hall – HealthCare Support Worker

Practice Staff

| | |
|---------------------|--------------------------------|
| Kate Scourfield | Practice Manager |
| Gemma Bowen | Business Manager |
| Karen Eynon | Head Receptionist |
| Janet Thomas | Head Receptionist |
| Laura Pope | Receptionist |
| Caroline Davies | Receptionist |
| Heather Jones | Receptionist |
| Janice Brown | Receptionist |
| Julie Davies | Receptionist |
| Sharon Davies | Receptionist |
| Gaenor Jones | Receptionist |
| Victoria Burrington | Receptionist/Prescribing Clerk |
| Trudy Martin | Prescribing Clerk/Admin |
| Kerry Gilpin | Workflow Administrator |
| Paula Cox | Workflow Administrator |
| Andrea Stacey | Data Clerk |
| Angela Northcote | Senior Administrator |
| Susan Pritchard | Administrator |

For any feedback or concerns (complaints), please contact Practice Manager at: practice.manager.w98056@wales.nhs.uk or submit a response on the website, or post to the surgery.

The practice complies fully with the new Access Standards. Please see our website.



Appointments

We offer Same Day/Week Appointments

(Triaged & Offered by Clinicians) &

Pre-Bookable Appointments

(Please ask Reception for Next Available One)

Monday to Friday.

For **Children Under 16** we offer **Same Day Appointments**

(Pre-booked or Emergency as per Triage)

For easy and fast way to seek advice or appointment, please submit your request via Ask My GP by visiting our website and clicking on Ask My GP logo.

You can use a smartphone/computer with internet access. Enter your details, problem and submit the request. You can also seek help by Ask My GP, on behalf of someone you care for, as long as the patient is registered with the practice. If you do not have access to internet, please phone the surgery to be added to the triage list.

Our phones are answered between 8am to 6:30pm.

FOR SEVERE CHEST PAIN, COLLAPSE, SEVERE BREATHING DIFFICULTIES, HAVE ONE SIDED WEAKNESS OR SLURRED SPEECH, OR SEVERE BLEEDING, PLEASE DIAL 999 IMMEDIATELY.

Home Visit Requests

Requests for Home visits are to be made before 11 am on the day to arrange the visit as appropriate. Whenever possible, try to be able to come into the surgery, as facilities here are far better for examination and treatment.

NHS 111

This service is available 24 hours a day, 7 days a week, for health information.

OUT OF HOURS ACCESS (between 6:30pm to 8am)
Please Ring 111

Repeat Prescriptions

For repeat prescription requests, you can make online requests through My Health on-line, a 24/7 service, enabling you to request repeats at a time that suits you. To register for this service submit your request by emailing:

harbourside.healthcentre@wales.nhs.uk

My Health on-line is only for repeat medication, please use Ask My GP to request for any other medication related query.

If you do not have internet access please ring the

Prescription Line 01792 481432

Between 10:30am to 12:30pm Mon to Fri

You can also ask your chemist to order your repeat medication on your behalf, which saves you having to remember to contact the practice.

Please note the date of review of your medication, indicated on the bottom right hand part of your prescription. Please make an appointment for review with appropriate professional at least 2 weeks prior to review date.

Investigation Results

Please always ring the surgery back for investigation results (you can ask through Ask My GP also)

Please ring 01792 481456

Between 1:30 - 2:30pm

Mon - Fri

Please allow one week for blood results and two weeks for X-rays, scans and other imaging results.